

## One-on-One Bible Reading

Perhaps the simplest method for one-on-one discipleship is one-on-one Bible reading and prayer. This involves meeting with another Christian on a regular basis for a mutually agreed upon length of time in order to read through and discuss a portion of or entire book of the Bible and to pray together.

A book that explains this method and gives suggestions for using it is *One-to-One Bible Reading: A Simple Guide for Every Christian* by David Helm (Matthias Media, 2011).

Here are suggestions for books (or portions of books) of the Bible to read together with the number of chapters in parentheses (see *One-to-One Bible Reading* for additional information as well as Bible reading and discussion plans):

### For Non-Christians

- The Gospels of Mark (16) or John (21)
- Genesis 1-12
- Romans 1-5

### For New Christians

- Colossians (4)
- Philippians (4)
- Titus (3)
- 1 John (5)

### For Established Christians

- Any of Psalms 1, 2, 19, 23, 42, 46, 73, 74, 90, 91, 100, 107, 110, 121, 148
- Ruth (4)
- Jonah (4)
- Micah (7)
- Romans 1-8 or 5-8
- Ephesians (6)
- James (5)
- 1 Peter (5) & 2 Peter (3)
- ...or any other book or portion of Scripture!

## Published Discipleship Curriculum

There are benefits to using published curriculum to guide the discipleship process. It is important to remember that curriculum is a guide and not a constraint. Also, discipleship should involve more than simply working through printed materials; it should also involve relationship building and ministry training.

Samples of the materials listed below can be found in the Small Groups section of the Grace Church library. The number of lessons or chapters is in parentheses.

### For Non-Christians

- *Two Ways to Live: A Bible Study Explaining Christianity* (1). Understanding the Gospel.
- *Investigating Christianity* (4). Who is God?, Who is man?, Who is Jesus?, Right with God.
- *The God Who Saves: 5 Bible Studies for People Who Think That Faith Matters* by Mark Gilbert (5). God the Savior, the need for salvation, the atoning sacrifice, trusting God, living for God.
- *Following Christ* by Greg Long (4-6). The Gospel, assurance of salvation, baptism, church membership.

### For New Christians

- *Knowing God Personally* by Lin Smith (4). Assurance of salvation, confession of sin, the Holy Spirit, spiritual disciplines.
- *Following Christ* by Greg Long (4-6). The Gospel, assurance of salvation, baptism, church membership.
- *Milk: For New Christians* by Hamrick & Dean (8). Assurance of salvation, the Gospel, Bible study, prayer, witnessing, baptism, importance of the Church.
- *The Stranger on the Road to Emmaus* by John R. Cross (15). A Bible overview pointing to Christ and salvation through faith in Him.

### For Young or Immature Christians

- *Worldliness: Resisting the Seduction of a Fallen World* by C. J. Mahaney (6). Obeying 1 John 2:15 while avoiding legalism.
- *Meat: For Growing Christians* by Hamrick & Dean (8). 8 basic Bible doctrines.
- *Fundamentals of the Faith* (13). Basic doctrines, Christian disciplines, evangelism, God's will.

- *Living the Cross-Centered Life: Keeping the Gospel the Main Thing* by C. J. Mahaney (14). How the Gospel should affect a Christian's daily life.
- *How to Study the Bible* by Richard Mayhue (14). Simple tools for correctly handling God's Word.
- *The Pursuit of Holiness* by Jerry Bridges (17). Practical ways to "be holy as God is holy."
- *Lies Women Believe* by Nancy Leigh DeMoss (11). Lies about God, themselves, sin, priorities, marriage, children, emotions, and circumstances.

### For Established Christians

- *Fish: For Witnessing Christians* by Hamrick & Dean (8). The importance of and suggestions for witnessing.
- *When I Don't Desire God: How to Fight for Joy* by John Piper (12). Ways to pursue finding joy in God.
- *Respectable Sins: Confronting the Sins We Tolerate* by Jerry Bridges (21). Dealing with our subtle sins.
- *Basic Theology* by Charles Ryrie (94 short chapters) or *Bible Doctrine* by Wayne Grudem (34).

## Customizable & Downloadable Curriculum

We have partnered with Downline Ministries to use an online discipleship tool called the Downline Builder. The Downline Builder is an interactive tool that allows us to create customized discipleship curricula for one-on-one relationships or small groups.

In contrast to the typical one-size-fits-all approach, the Builder gives us the opportunity to customize and personalize discipleship curriculum from a long list of lesson modules. And we can do so as many times as we want, with as many different people or groups as we want, for whatever period of time we want. The curriculum is then downloaded and printed off (or sent electronically) with separate lessons for the teacher and the student.

The Builder also provides built-in accountability for real, life-on-life relationships so that discipleship doesn't become a mere academic exercise.

For more information or to use the Downline Builder, please contact Pastor Greg Long, Pastor of Adult Ministries, at (515) 265-0199 or [glong@gracehome.com](mailto:glong@gracehome.com).

# Discipleship Information

## What is “discipleship?”

A disciple is someone who believes in and follows Jesus Christ. In the New Testament, discipleship is a broad term that includes evangelism and outreach, baptism, and teaching. Christians commonly use the term “discipleship” to refer to intentional training of Christians in order to help them become better followers of Christ who in turn create other followers of Jesus Christ.

## Why should we be intentional about discipleship?

Jesus’ primary command for His disciples as He departed to Heaven was for them to “make disciples of all the nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all things I have commanded you” (Matt. 28:19-20). Grace Church seeks to obey Jesus’ command as we “glorify God by making disciples of Jesus Christ across the street and around the world.”

## How does discipleship happen at Grace Church?

We carry out discipleship through various means:

- **Strong biblical preaching** during Sunday worship services
- Bible study, Christian community, and prayer in a small group environment in our **Grace Groups**
- Systematic teaching on the Bible, theology, and Christian living in our **Equipping U classes on Wednesday nights**
- Encouragement and training for **parents to disciple their children**
- **Biblical counseling** when special needs arise
- **One-on-one** Bible reading and discipleship

## What is one-on-one discipleship?

One-on-one discipleship is meeting with another Christian of the same sex for Bible study, prayer, relationship-building, and ministry training.

*(continued on the back panel)*

## What materials are used for one-on-one discipleship?

See the inside of this brochure.

## Who can be involved in one-on-one discipleship?

Every disciple should be seeking to make other disciples! We encourage every Christian at Grace Church to consider meeting with another Christian of the same sex for Bible study and prayer. It is also true, generally speaking, that more mature Christians should disciple less mature Christians. So we try to match newer Christians who are interested in being discipled with those who have been walking with Christ for a while longer.

## How can I get involved?

Whether you are willing to disciple someone else or are seeking to be discipled, please contact Greg Long, Pastor of Adult Ministries, at (515) 265-0199 or [glong@gracehome.com](mailto:glong@gracehome.com). If you are interested in discipleship involving children or students, contact Pastor Josh Colyer (children and junior high), [joshcolyer@gracehome.com](mailto:joshcolyer@gracehome.com), or Pastor Jonathan Meyer (senior high), [jmeyer@gracehome.com](mailto:jmeyer@gracehome.com).



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# Discipleship @ Grace

